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Dear.

Muhammad Afif Risky Pradana, Sriyati

Thank you for submitting your best article to be published on **Gudang Jurnal Ilmu Kesehatan** with the title:

"Efektifitas Tindakan Hipnosis Lima Jari Dan Teknik Relaksasi Napas Dalam Untuk Meningkatkan Kualitas Tidur Pada Pasien Post Operasi Mastektomi Di Bangsal Cendana 3 Rsup Dr Sardjito Yogyakarta"

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **Gudang Jurnal Ilmu Kesehatan** edition **Volume 4 Number 1 Februari 2026**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

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Kisaran, 27 November 2025

Editor In Chief



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